



SPIN-GARDENING STARTER PLOT

Plot size: 256 square feet

The 256 square foot plot can accommodate about twenty 1 foot by 6 foot beds, allowing for 1 foot wide paths and walkways. Bed dimensions are 12 inches wide, the width of a garden rake, and about 6 feet long. These beds can be in the ground, or raised, and can be worked using just hand tools. Areas 1, 3 and 4 are relay cropped, meaning once the final harvest occurs in a bed, it is immediately replanted to another crop.

Area 1: Relay area – (Ten 1 foot by 6 foot beds)

Plant all beds to spring-harvested crops such as lettuce, radish, scallion and spinach

Then replant all the beds to summer-harvested crops such as beets and carrots

Then replant all the beds to lettuce, radish and spinach

Planting tips: 2-row beds for spinach, lettuce
3-row beds for radish and scallion

Area 2: Chard area (Three 1 foot by 6 foot beds)

Plant all the beds to chard (green, orange, and red varieties)

These beds can be harvested all season

Planting tips: 2-row beds for chard

Area 3: Herb area (Two 1 foot by 6 foot beds)

Plant one bed of dill

Then replant the bed to dill, cilantro, or basil

Plant one bed of cilantro

Then replant the bed to dill, cilantro, or basil

Planting tips: 3- to 4-row beds for cilantro and dill
2-row beds for basil

Area 4: Carrot area (Five 1 foot by 6 foot beds)

Plant 3 beds to early carrots

Then replant the beds to crops of your own choosing

Plant 2 beds spinach

Then replant the beds to carrots

Planting tips: 2-row beds for carrots

Follow the Call to Good Eating....

We can't all go back to the land, and most of us don't want to. But many of us do share a sense that food production should again have a place in family and civic life. We can get started, now, in our own backyards and neighborhoods, by becoming SPIN (s-mall p-lot in-tensive) gardeners. Find out how, with SPIN-Gardening, at www.spingardening.com.