

Table of Contents

SPIN-Gardening Home-based Model	5
The People, Context and Idea: Meet Rebecca and Odell.....	5
Rebecca’s Research	5
Year 1: Deturfing and Soil Prep	6
Investments for a Home-based Food Gardening Model	6
Table 14 – Major Investments for a Home-based Food Gardening Model	7
Year 2: Getting Started	7
Seed Purchase for Home-based Food Gardening Model.....	7
Table 15 – Seed Purchase for Home-based Food Gardening	8
Garden Plan	9
Table 16 – Garden Plan for a Basic Home-based Model	9
Intensive Relay Area Planting Plan	9
Table 17 – Typical Relays for a Home-based Food Gardening Model	10
Table 18 – Targeted Production Value of Intensive Relay Area.....	10
Bi-relay Carrot Area Planting Plan.....	11
Table 19 – Bi-relay Carrot Area Planting Plan	11
Table 20 – Targeted Production Value of Carrot Area	11
Single Crop Areas	11
Chard/Kale Area Planting Plan	11
Table 21 – Chard/Kale Area Planting Plan	12
Table 22 – Targeted Production Value of Chard/Kale Area	12
Tomato Area Planting Plan	12
Garlic/shallot/area	12
Onion Area.....	13
Summer Squash Area	13
Potato Area	13
Table 23 – Targeted Production Value of Single Crop Areas.....	14
Total Targeted Value of Home-based Food Garden	14
Table 24 – Total Targeted Production Value of Food Garden	14
Actual Value of Initial Harvest	14
Table 25 – Prices at Market in mid-May	14
Table 26 – Spring Weekly Value of Home Food Production	15
Harvesting the Spring Produce	15
Workflow for Spring Harvest Week	15
Moving on to Summer.....	17
Mid-summer Harvest	17
Carrot Harvest	18

Some Summer Cost-savings Calculations 18

Table 27 – Summer Weekly Value of Home Food Production 19

Moving on to Fall 19

Fall Harvest Week 19

Micro Green and Shoot Production 20

Table 28 – Micro Green and Shoot Production 20

Table 29 – Micro Green and Shoot Seed Purchase 21

Actual Production Value from First Year of Food Gardening 21

Looking Ahead 21

Some SPIN-Gardening Points to Pass-along 23

Photos 24 - 35

SPIN-Gardening Lexicon

About the Authors